

MAYES PARK PRIMARY SCHOOL

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Head teacher: Mrs. C. Lamb

1st February 2016

Dear Parents/ Careers,

We are very proud to have recently been attributed the 'Healthy Schools Bronze' award by the Mayor of London. We take seriously the health of our children and are continually looking for ways to encourage healthy lifestyles within our school community.

At a recent meeting with our School Council, the children discussed ways in which to ensure all children enjoy a healthy packed lunch. After careful consideration, the decision has been made to only allow treats once a week. Therefore, as from today, children will only be able to have **chocolate, crisps and cakes/biscuits** in their lunch box on a **Wednesday**. Sweets, including lollies, and nuts remain unsuitable for children to have in their lunch boxes.

We thoroughly support this decision made by the School Council. To ensure that our children benefit from this, our midday supervisors, along with other members of staff, will be monitoring the content of packed lunches. Please note that children will not be allowed to eat treats on any other day and if brought into school, they will be asked to return them home.

I trust you will welcome this action and that we can work together to provide the best for our children.

Yours sincerely,

Mrs Ige
Acting Assistant Headteacher



"Dream, Explore, Discover"

