

Lunch Menu

Week 1

Stir.

w/c: 3/11, 24/11, 15, 12, 5/11, 26/11, 16/2, 9/3 30/3

MONDAY

Mediterranean Chicken
Served with Khobez Bread & Roasted Vegetables

TUESDAY

Homemade Margherita Pizza
Served with Baked Potato Wedges and Coleslaw or Peas

WEDNESDAY

Roast Chicken Thigh
Served with Crispy Roasties, Broccoli & Gravy

THURSDAY

Lamb Jollof Rice
Served with a Crunchy Slaw

FRIDAY

Golden Fish Fingers
Served with Chips & Baked Beans

Vegetable Tagine

Served with Khobez Bread & Roasted Vegetables

Homemade

Pizza al Pesto
Served with Baked Potato Wedges and Coleslaw or Peas

Carrot & Stuffing

Plait
Served with Crispy Roasties, Broccoli & Gravy

Sweet Potato & Black

Bean Curry
Served with Steamed Rice & Crunchy Slaw

Roasted Vegetable Pitta

Pockets
Served with Chips & Baked Beans

Penne Pasta with Homemade Tomato Sauce

Penne Pasta with Nut free Spinach and Basil Pesto

Penne Pasta with Homemade Tomato Sauce

Penne Pasta with Nut free Spinach and Basil Pesto

Penne Pasta with Homemade Tomato Sauce

Jacket Potato

with Cheese or Baked Beans or Tuna Mayo

Jacket Potato

with Cheese or Baked Beans or Tuna Mayo

Jacket Potato

with Cheese or Baked Beans or Tuna Mayo

Jacket Potato

with Cheese or Baked Beans or Tuna Mayo

Jacket Potato

with Cheese or Baked Beans or Tuna Mayo

Apple Crumble Cake

Jelly & Fruit Slices

Carrot & Cinnamon Cookies

Fruit Salad

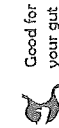
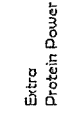
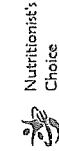
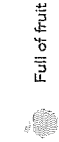
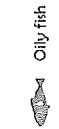
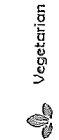
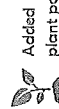
Hob Nob Biscuit

50/50 Wholemeal

Halal & Non Halal Options Available Daily

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

Icon Key



Lunch Menu

Week 2

Stir.

w/c: 10/11, 1/12, 22/12, 12/1, 2/2, 23/2, 16/3

MONDAY

Char Sui Chicken
Served with Noodles & Green Cabbage

TUESDAY

Homemade Pizza
Margherita
Served with Paprika Wedges & Coleslaw

WEDNESDAY

Chicken, Sage & Onion Slice
Served With Crispy Roasties, Carrots, Sweetcorn & Gravy

THURSDAY

Bombay Chicken Biryani
Served with Broccoli

FRIDAY

Golden Fish Fingers
Served with Chips & Baked Beans

Chow Mein Noodles
Served with Green Cabbage

Vegetable Supreme Pizza
Served with Garlic & Herb Wedges and Coleslaw or Peas

Crispy Cheese & Lentil Bake
Served With Crispy Roasties, Carrots, Sweetcorn & Gravy

Malai Koftas (Paneer) & Curry Sauce
Served with Wholegrain Rice & Broccoli

Sweet Potato, Leek & Cheese Quiche
Served with Chips & Baked Beans

Penne Pasta with Homemade Tomato Sauce

Penne Pasta with Nut free Spinach and Basil Pesto

Penne Pasta with Homemade Tomato Sauce

Penne Pasta with Nut free Spinach and Basil Pesto
Penne Pasta with Homemade Tomato Sauce

Jacket Potato
with Cheese or Baked Beans or Tuna Mayo

Jacket Potato
with Cheese or Baked Beans or Tuna Mayo

Jacket Potato
with Cheese or Baked Beans or Tuna Mayo

Jacket Potato
with Cheese or Baked Beans or Tuna Mayo

Jacket Potato
with Cheese or Baked Beans or Tuna Mayo

Vanilla Sprinkle Sponge

Watermelon Sticks

Chocolate Brick

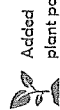
Fruit Bowls

Oatie Cookie

Halal & Non Halal Options Available Daily

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

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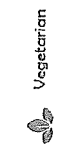
Added plant power



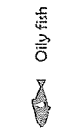
Wholemeal



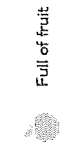
Vegan



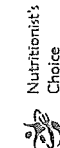
Vegetarian



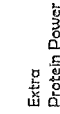
Oily fish



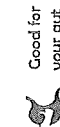
Full of fruit



Nutritionist's Choice



Extra Protein Power



Good for your gut

Lunch Menu

Week 3

Stir.

Let's eat, drink and be merry

w/c: 17/11, 8/12, 29/12, 19/1, 9/2, 2/3, 23/3

MONDAY

Chicken Tacos

Served with

Rainbow Rice & Sweetcorn



TUESDAY

Homemade Chicken Sausage Rolls

Served with

Veggies & Baked Beans



WEDNESDAY

Roast Chicken Thigh

Served with Crispy Roasties,

Carrots & Sweetcorn



THURSDAY

Mac n Cheese with a Crispy Crumb Topping

Served with Green Beans



FRIDAY

Golden Fish Fingers

(Salmon Or Pollock)

Served With Chips & Garden Peas

Eat Curious Tacos

Served with Rainbow Rice &

Sweetcorn



Homemade Cheese & Onion Rolls

Served with Veggies & Baked Beans

Cheesy Root Veg Crumble

Served with Carrots

& Sweetcorn



Vegetable & Bean Chilli

Served with Steamed Rice &

Green Beans

Vegetable Fingers

Served with Chips & Baked Beans



Penne Pasta with Homemade Tomato Sauce



Penne Pasta with Nut free Spinach and Basil Pesto



Penne Pasta with Homemade Tomato Sauce



Penne Pasta with Nut free Spinach and Basil Pesto



Penne Pasta with Homemade Tomato Sauce



Jacket Potato

with Cheese or Baked Beans or

Tuna Mayo



Jacket Potato

with Cheese or Baked Beans or

Tuna Mayo



Jacket Potato

with Cheese or Baked Beans or

Tuna Mayo



Jacket Potato

with Cheese or Baked Beans or

Tuna Mayo



Jacket Potato

with Cheese or Baked Beans or

Tuna Mayo



Orange Cake



Fruit Bowls



Vanilla Ice Cream Cup

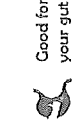
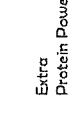
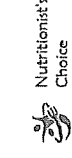
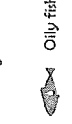
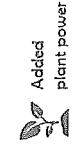


Jelly & Fruit Slices



Polish Vanilla Cookies

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Halal & Non Halal Options Available Daily

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY