## MAYESPARK PRIMARY SCHOOL

Goodmayes Lane, Ilford, Essex IG3 9PX Tel: 020 8599 2263

**Email**: Office@mayespark.redbridge.sch.uk **Web**: www.mayesparkprimaryschool.org.uk

Head teacher: Ms E Davies

23<sup>rd</sup> March 2022

## **Year 4 Swimming Lessons**

Dear Parents/Carers,

Year 4 will begin weekly swimming lessons starting from Wednesday 20<sup>th</sup> April. These lessons are an essential and compulsory part of the National Curriculum and learning to swim is an important life skill, as well as lots of fun. They will have a series of 12 lessons, and will finish on Wednesday 20<sup>th</sup> July.

The children will be walking to and from Mayfield Leisure Centre. Please ensure children have coats and hats which are suitable for the weather. Once at the Leisure centre, children will change separately.

Boys: Swimming shorts/trunks that are made of light material (not cotton, normally polyester), above the knee. No wetsuits or two-piece costumes are permitted. Girls: One-piece swimsuits for girls. Suits such as "Burkinis" covering arms/legs are permitted providing they are purpose made and of swimsuit material. No leotards, two-piece costumes or wetsuits permitted.

All Pupils: A swimming hat must be worn for the duration of the swimming lesson.

Jewellery, accessories and any other embellishments of any type worn on the body are not permitted for the safety of all children. These must be removed prior to the start of the lesson. In the instance of a religious bangle which cannot be removed, it must be either covered with a sweat band or covered over with waterproof surgical tape to ensure that it cannot move up and down the wrist and does not pose a risk to the swimmer or fellow swimmers.

Please note, **Goodall** will need to arrive at the school office for 8:40am each Wednesday to ensure they arrive on time for their lesson.

Please speak to your child's class teacher if you have any further questions.

Yours sincerely,

Mr Darcy PE Leader

























