MAYESPARK PRIMARY SCHOOL

Goodmayes Lane, Ilford, Essex IG3 9PX Tel: 020 8599 2263

Email: Office@mayespark.redbridge.sch.uk **Web**: www.mayesparkprimaryschool.org.uk

Head teacher: Ms E Davies

17th April 2024

Dear Parents/Carers,

Year 4,5,6 Swimming Lessons

Year 4, 5 and 6 will begin swimming lessons starting from Monday 22nd April. These lessons are an essential and compulsory part of the National Curriculum and learning to swim is an important life skill, as well as lots of fun. There will be a series of lessons for the children and this will finish on Friday 17th May.

The swimming pool is on site at Mayespark and therefore the children will be getting changed at school. Boys and girls will change separately. Please ensure children have footwear they can quickly put on and take off before and after lessons – this could be their school shoes. Children should bring a plastic bag to place wet clothes in after the lesson.

Boys Swimwear:

Swimming shorts/trunks that are made of light material (not cotton, normally polyester), above the knee. No wetsuits or two-piece costumes are permitted.

Girls:

One-piece swimsuits for girls. Suits such as "Burkinis" covering arms/legs are permitted providing they are purpose made and of swimsuit material. No leotards, two-piece costumes or wetsuits permitted.

All Pupils:

A swimming hat must be worn for the duration of the swimming lesson and a towel is required. A dressing gown is recommended to move between the pool and changing room. If children prefer to wear their swimming costume under their uniform coming to school, they can, but please ensure underwear is packed to change into after the lesson.

Jewellery, accessories and any other embellishments of any type worn on the body are not permitted for the safety of all children. These must be removed prior to the start of the lesson. In the instance of a religious bangle which cannot be removed, it must be either covered with a sweat band or covered over with waterproof surgical tape to ensure that it cannot move up and down the wrist and does not pose a risk to the swimmer or fellow swimmers.



























Below are the dates that each class will be having their swimming lesson. **Please ensure** your child has their swimwear at school on these days. Please note that for the week commencing 13th May, a new timetable will be shared at a later date.

22/04/24	23/04/24	24/04/24	25/04/24	26/04/24
Aderin	Kalam	Goodall	Aderin	Goodall
Sinan	Hadid	Gaudi	Kalam	Sinan
Thunberg	Singh	Yousafzai	Thunberg	Singh



29/04/24	30/04/24	01/05/24	02/05/24	03/05/24
Hadid	Gaudi	Sinan	Polling day	Goodall
Aderin	Kalam	Hadid	Polling day	Gaudi
Yousafzai	Thunberg	Singh	Polling day	Yousafzai



06/05/24	07/05/24	08/05/24	09/05/24	10/05/24
Bank holiday	Gaudi	Kalam	Aderin	Kalam
Bank holiday	Aderin	Sinan	Goodall	Hadid
Bank holiday	Singh	Thunberg	Yousafzai	Singh



Please speak to your child's class teacher if you have any further questions.

Yours sincerely,

Mr Lawless

PE Leader

















