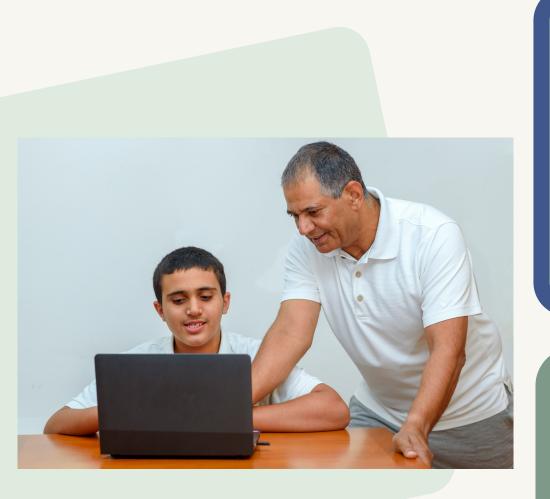
Redbridge Educational Wellbeing Team (REWT)

Parent Workshops

REWT are excited to be delivering parent workshops to support the wellbeing of Redbridge parents and their children. Please register for the workshops using the links or QR codes below.



<u>Anxiety and Low Mood</u>

1st February (10:30-11:30am)

https://tinyurl.com/4h8a382r



<u>Understanding and Supporting</u>
Bereavement and Loss
9th February (6-7pm)

https://tinyurl.com/yc5jfnvf





https://tinyurl.com/2p88vyuk





Parent Actions to Improve
Wellbeing
22nd March (6-7pm)

https://tinyurl.com/mw5sn7fs





Please email REWT@redbridge.gov.uk if you have any queries

