

MAYESPAK PRIMARY SCHOOL

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Head teacher: Ms E Davies



9th October 2023

Dear Parents/Carers,

The London Borough of Redbridge have issued the links below for families that can support you with the cost of living:

[Cost of Living \(redbridge.gov.uk\)](http://redbridge.gov.uk)

[Cost of Living - Cost of Living payment \(redbridge.gov.uk\)](http://redbridge.gov.uk)

[Cost of Living - Foodbanks \(redbridge.gov.uk\)](http://redbridge.gov.uk)

There is the [Ilford Community Grocery](http://ilfordcommunitygrocery.org.uk) - we urge every family in need to join the Ilford Community Grocery, 25-29 Clements Rd where residents can buy food at 80% discount:

For the longer term you may be interested in buying your groceries at the Ilford Community Grocery. Join this grocery for £5 a year and you can buy 12 items for just £5. It is located at 25-29 Clements Rd, Ilford. It is open Monday through Friday 9:30am - 4:30pm. More details: <https://communitygrocery.org.uk/ilford/>

Kind regards,

The Admin Team



Redbridge
Education
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